

## 72 Hour Kit or Go Kit

### Personal Items

- Medication – Med list - Tooth brush - comb
- Clothing – tee shirts, underwear, socks, pants, shirt, coat
- 3 gallons of water (1 gal per person per day)/water filtration
- Food for 3 days
- Utensils – plate(s), fork(s), spoon(s), can opener
- Radio & extra battery
- Flash lights 2each
- First Aid kit
- Whistle
- Dust mask
- Wipes (personal cleaning)
- Pliers, screwdriver
- Duct tape
- Garbage Bags, bread bags
- Toilet Paper
- Candles, matches,
- Towel, soap, shampoo
- Books
- Stove – Jet boil - sterno
- Blankets/sleeping bag



It depends on our age, activity level, served agency, and position, just **WHAT** we're going to going to take with us.

### Hard case vs soft case

Hard is somewhat water resistant, you can sit or stand on it, use as work surface

Soft will not slide around in your vehicle, & will change shape to fit in tight spaces



### Consider Shelter In Place - *Hours*

Where: Places – car – boat – tent – home – work - store

Why: Wind - Flood – Earthquake – Tornado – Terrorism – Slides – Snow Storm – Ice Storm – Chemical Leaks – Fire – and of course volcanos

### Home – Days – Up to 30

- Soup
- Food with variety
- Water
- Wood
- Gasoline
- Sterno
- Pet Food
- Tools
- Generator



### Office Hours

- Canned Food
- Snack Food
- Flashlight
- Sleeping Bag
- Water



# Washington County ARES

# Go Kits

## Radio Kit

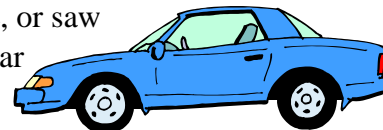
- 2m/70cm hand-held or bigger
- Headset, external mic, y connectors, sound isolating headset
- Clip Board
- Forms – Log book, message forms, ICS 213, 214, 309
- Pens, pencils, paper – write in rain
- Tools – screwdriver, pliers, knife
- ID Card(s)
- Phone numbers, frequency plan
- Maps of area
- Flash light or 2
- Cables – power, coax, antenna
- Electrical tape, coax seal
- Field manual
- Batteries - Solar charger
- Volt meter
- Safety Glasses
- Connectors - RF, Power, Audio & Adaptors
- Backpack
- Gloves
- Tissues and/or toilet paper
- Fuses
- Laptop – TNC
- Cigarette Lighter Adaptor(s)
- First Aide, sun screen
- Plastic bags



## Vehicle Day

- 1<sup>st</sup> aid kit
- Water
- Flashlight
- Fire Extinguisher
- Food
- Clothing
- Flares
- Mobile Radio
- Batteries
- Rope
- Blanket/Towels

- Tools
- Duct tape
- Shovel, axe, or saw
- Cooking gear
- Stove
- Sleeping bag
- Shelter or tarp
- Come-a-long (winch)
- NVIS Antenna
- Tripod
- Soap, tooth brush, tooth paste
- Eating utensils
- Medications
- Camp chair
- Pillow



## Everyday Carry Items (EDC)

- Pocket Knife or multitool
- Wallet - cash
- Glasses cloth
- Lighter
- Band aides
- Flashlight
- Very small notebook
- Pen or pen
- Thumb drive
- Pepper spray
- Cell phone

## Serving in Events / Hiking

- Radio – Headset
- Extra batteries
- Snack Food
- Water
- 1<sup>st</sup> Aide
- Sunscreen
- High Viz
- Event Schedule/Map(s)
- Frequencies
- Leader/Coordinator names & numbers